

Erasmus+ opportunities for outgoing student mobility: studies and traineeships

Erasmus+ is the EU programme that supports Higher Education and training in Europe. It provides opportunities to study, train and gain experience within Europe and beyond.

Do you want to follow a (blended) course at one of the [tropEd](#) partner institutions? Or would you like to do a traineeship at one of ITM's international partner institutions to strengthen your lab skills or to collect field data for your thesis?

ITM has obtained funding to support **10 outgoing student mobility initiatives** in the academic years **2024-2025** and **2025-2026** (with deadline 31st of July 2026), mainly focusing on intra-EU mobility:

- 8 grants for studies and traineeships in **Member States of the European Union**¹ and in **third countries associated to the programme**²
- 2 grants for studies and traineeships in **third countries not associated to the programme (region 1 to 14)**³ – priority goes to self-funded ITM MSc-students

An Erasmus+ mobility grant is **not intended to cover the full cost of the stay abroad**. The mobility grant **compensates for extra mobility expenses incurred** such as travel costs, insurance, visa costs, the higher costs of living in the host country and other additional expenses. The **applicable amounts** are available in **Annex 2**.

Interested? Then contact your **departmental educational coordinator** or **supervisor** to discuss the possibilities.

Who can apply?

- **MSc students** from HIC & LMIC
- **Doctoral students** from HIC & LMIC (ITM-registered PhD-students only – without the status of ITM staff member)

Type, venue and duration of the student mobility

- **Outgoing** Mobility for Studies (SMS) & for Traineeships (SMT) to:
 - Member States of the European Union
 - third countries associated to the programme⁴
 - third countries not associated to the programme (cfr ANNEX 2.1 or footnote 2) – priority goes to self-funded MSc-students

¹ Belgium, Bulgaria, Czech Republic, Denmark, Germany, Estonia, Ireland, Greece, Spain, France, Croatia, Italy, Cyprus, Latvia, Lithuania, Luxembourg, Hungary, Malta, Netherlands, Austria, Poland, Portugal, Romania, Slovenia, Slovakia, Finland, Sweden

²North Macedonia, Serbia, Iceland, Liechtenstein, Norway, Turkey

³ Full country list available in Annex 2.1 or on <https://erasmus-plus.ec.europa.eu/programme-guide/part-a/eligible-countries>

⁴ North Macedonia; Serbia; Iceland; Liechtenstein; Norway; Turkey.

- **Not eligible countries:** Belgium, country of your citizenship and/or country of origin (international students and students with double nationality).
- **Duration of the mobility for studies and/or traineeships:**
 - Study and Traineeship : from **2 to 12 months of physical** mobility, excluding travel time, with **deadline of 31st of July 2026**
 - Short-term Blended Mobility for MSc students : from 5 to 30 days (3 ECTS) with compulsory virtual component
 - Short-term Doctoral Mobility : from 5 to 30 days
- Note:** participation in conferences is not eligible for funding as a short-term doctoral mobility.
- **Deadline** for all mobility activities: **31st of July 2026**

Receiving Institutions

Student Mobility for studies

The receiving higher education institutions (HEIs) based in Erasmus+ **Programme Countries** (= EU Member States and third countries associated to the Programme) must be higher education institutions (HEIs) **awarded with an ECHE**. All receiving **Partner Country organisations** (= third countries not associated with the programme -region 1 to 14) must be **HEIs recognised by competent authorities** and have signed interinstitutional agreements with ITM before the mobility takes place.

Student Mobility for traineeships

The receiving organisation can be⁵:

- any public or private organisation active in the labour market or in the fields of education, training, youth, research and innovation. For example, such organization can be:
 - a public or private, a small, medium or large enterprise (including social enterprises);
 - a public body at local, regional or national level;
 - embassies or consular offices of the sending EU Member State or third country associated to the Programme;
 - a social partner or other representative of working life, including chambers of commerce, craft/professional associations and trade unions;
 - a research institute;
 - a foundation;
 - a school/institute/educational centre (at any level, from pre-school to upper secondary education, and including vocational education and adult education);
 - a non-profit organisation, association, NGO;
 - a body providing career guidance, professional counselling and information services;
- a HEI from an EU Member State or third country associated to the Programme awarded with an **ECHE**, or a HEI from a third country not associated to the Programme recognised by competent authorities that has signed inter-institutional agreements with their partners

⁵ The following types of organisations are not eligible as receiving organisations for student mobility for traineeships: EU institutions and other EU bodies including specialised agencies (their exhaustive list is available on the website - http://europa.eu/europeanunion/about-eu/institutions-bodies_en); organisations managing EU programmes such as Erasmus+ National Agencies (in order to avoid a possible conflict of interests and/or double funding).

from an EU Member State or third country associated to the Programme, before the mobility takes place.

Evaluation criteria and process

All eligible and complete applications will be reviewed by the E+ mobility Selection Committee⁶. The following evaluation criteria will be considered:

- The candidate's academic record
- The candidate's specific motivation in terms of (i) the added academic and/or professional value of the study/traineeship period abroad (ii) the financial necessity of the travel grant (Priority will be given to students without a scholarship and/or bench fee)
- The level of aimed at Learning Objectives
- The quality (e.g. accreditation) of the course/training and receiving Higher Education Institution

Application & selection process

- Submission E+ grant application: send completed [application form](#), motivation letter and study plan by mail to erasmusplusmobility@itg.be
- The application needs to be submitted at least 2 months prior to the planned date of departure
- The grants are awarded to applications positively evaluated following the abovementioned criteria. This will be done on a '**first come first serve basis**', until the mobility budget runs out.
- Questions or more information? Contact erasmusplusmobility@itg.be

⁶ Composed by ITM members from the Education Office, Research Office and departmental educational coordination units.

ANNEX 2 - Scholarship Amounts Erasmus+ Outgoing Student mobility Call 2024

1. OUTGOING STUDENT MOBILITY

1.1 PROGRAMME COUNTRIES

Group*	Scholarship amount STUDIES		Scholarship amount TRAINEESHIPS	
Group* ⁷	Category 1 ⁸	Category 2	Category 1	Category 2
<p>Group 1 Country programmes Austria, Denmark, Germany, Finland, France, Iceland, Ireland, Italy, Liechtenstein, Luxembourg, Norway, Sweden, The Netherlands, partner countries of regions 13 & 14</p> <p><i>Travel & stay</i></p>	669 EUR per full month	419 EUR per full month	819 EUR per full month	569 EUR per full month
<p>Group 2 Country Programmes Cyprus, Czech Republic, Estonia, Greece, Latvia, Malta, Portugal, Slovakia, Slovenia, Spain</p> <p><i>Travel & stay</i></p>	619 EUR per full month	369 EUR per full month	769 EUR per full month	519 EUR per full month

⁷ Group 1: Programme Countries with higher living costs ; Group 2: Programme Countries with medium living costs; Group 3: Programme Countries with lower living costs

⁸ Students and recent graduates with fewer opportunities receive a top-up amount to the individual support of their EU Erasmus+ grant with an amount of **250 EUR per month**. [Students with fewer opportunities](#) : Fellows / scholarship students (= a student who receives a study grant from the Flemish Community in accordance with the provisions of the Decree of 8 June 2007 on study grants from the Flemish Community) ; working students; Students with disabilities where it would not be possible for them to participate in mobility actions without additional financial support.

Group 3 Country Programmes Bulgaria, Croatia, Hungary, Lithuania, North Macedonia, Poland, Romania, Serbia, Turkey	619 EUR per full month	369 EUR per full month	769 EUR per full month	519 EUR per full month
<i>Travel & stay</i>				

1.2 ALL PARTNER COUNTRIES (all partner countries, excl. regions 13 & 14)

	Category 1	Category 2
Stay (no top-up for internships)	950 EUR per month	700 EUR per month
Travel costs	Check table travel costs	

TABEL TRAVEL COSTS

	AMOUNT PER PARTICIPANT	"green travel" ⁹
Between 10 and 99 km	28 EUR	56 EUR
Between 100 and 499 km	211 EUR	285 EUR
Between 500 and 1999 km	309 EUR	417 EUR
Between 2000 and 2999 km	395 EUR	535 EUR
Between 3000 and 3999 km	580 EUR	785 EUR
Between 4000 and 7999 km	1188 EUR	1188 EUR
8000 km and more	1735 EUR	1735 EUR

1.3 SHORT-TERM BLENDED MOBILITY (all countries)

	All participants	Top-up "Category 1"
From 5 – 14 days	79 EUR per day	100 EUR per mobility
From 15 – 30 days	56 EUR per day	150 EUR per mobility
Travel costs	Check table travel costs	
- No top-up for traineeships		

⁹ If travel distance is less than 500 km, then 'green travel' is mandatory. If this is not possible, arguments must be given as to why

ANNEX 2.1 - Third countries not associated to the Programme (ex-Partner Countries)

- **Western Balkans (Region 1):** Albania; Bosnia and Herzegovina; Kosovo ; Montenegro
- **Neighbourhood East (Region 2):** Armenia; Azerbaijan; Belarus; Georgia; Moldova; Territory of Ukraine as recognised by international law
- **South-Mediterranean countries (Region 3):** Algeria; Egypt; Israel; Jordan; Lebanon; Libya; Morocco; Palestine ; Syria; Tunisia
- **Russian Federation (Region 4):** Territory of Russia as recognised by international law
- **Region 5 Asia:** Bangladesh, Bhutan, Cambodia, China, DPR Korea, India, Indonesia, Laos, Malaysia, Maldives, Mongolia, Myanmar, Nepal, Pakistan, Philippines, Sri Lanka, Thailand and Vietnam
- High income countries and territories: Brunei, Hong Kong, Japan, Republic of Korea, Macao, Singapore and Taiwan
- **Region 6 Central Asia:** Afghanistan, Kazakhstan, Kyrgyzstan, Tajikistan, Turkmenistan, Uzbekistan
- **Region 7 Middle East:** Iran, Iraq, Yemen; High income countries: Bahrain, Kuwait, Oman, Qatar, Saudi Arabia, United Arab Emirates
- **Region 8 Pacific:** Cook Islands, Fiji, Kiribati, Marshall Islands, Micronesia, Nauru, Niue, Palau, Papua New Guinea, Samoa, Solomon Islands, Timor-Leste, Tonga, Tuvalu, Vanuatu; High income countries: Australia, New Zealand
- **Region 9 Sub-Saharan Africa:** Angola, Benin, Botswana, Burkina Faso, Burundi, Cameroon, Cabo Verde, Central African Republic, Chad, Comoros, Congo, Congo - Democratic Republic of the, Côte d'Ivoire, Djibouti, Equatorial Guinea, Eritrea, Ethiopia, Eswatini, Gabon, Gambia, Ghana, Guinea, Guinea-Bissau, Kenya, Lesotho, Liberia, Madagascar, Malawi, Mali, Mauritania, Mauritius, Mozambique, Namibia, Niger, Nigeria, Rwanda, Sao Tome and Principe, Senegal, Seychelles, Sierra Leone, Somalia, South Africa, South Sudan, Sudan, Tanzania, Togo, Uganda, Zambia, Zimbabwe.
- **Region 10 Latin America:** Argentina, Bolivia, Brazil, Chile, Colombia, Costa Rica, Ecuador, El Salvador, Guatemala, Honduras, Mexico, Nicaragua, Panama, Paraguay, Peru, Uruguay and Venezuela
- **Region 11 Caribbean:** Antigua & Barbuda, Bahamas, Barbados, Belize, Cuba, Dominica, Dominican Republic, Grenada, Guyana, Haiti, Jamaica, St Kitts and Nevis, St Lucia, St Vincent & Grenadines, Suriname and Trinidad & Tobago
- **Region 12 and Canada:** United States of America, Canada

The following third countries not associated to the Programme are not covered by the External Action Instruments:

- **Region 13:** Andorra, Monaco, San Marino, Vatican City State
- **Region 14:** Faroe Islands, Switzerland, United Kingdom