You are invited to attend

Smith+Nephew UFC Combat Sports Medicine Course LIVESTREAM

Smith+Nephew
Academy
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UFC PERFORMANCE INSTITUTE

Thursday, Feb 19, 2026
Course 8:15 am - 5:00 pm

Friday, Feb 20, 2026
Course 7:50 am - 5:00 pm

Location: Virtual

Course Description

Through panel discussions and lectures, attendees will develop skills and knowledge related to the treatment of sports medicine shoulder, hip, knee, foot and ankle, trauma, wound, and ENT pathologies in combat sports athletes. Attendees will work alongside leading experts to learn more about current trends and techniques in combat sports medicine.

Learning Objectives

At the completion of this course, participants will be able to:

- Describe strategies for treating shoulder instability in combat athletes.
- Identify when to repair the meniscus in combat athletes.
- Identify appropriate ACL management and graft selection in combat athletes.
- Describe the basic science and patient indications for biologics in combat athletes.
- Evaluate complex hip instability and impingement for combat athletes and describe surgical solutions and return to sport guidelines.
- Identify ankle instability and Achilles treatment algorithms for combat athletes.
- Describe techniques for wound, ear, and nose injury management in combat athletes.

Intended Audience

This course is designed for intermediate to advanced sports medicine surgeons who treat or are interested in treating combat sports athletes.

Program Manager: Katherine Antoniak
Katherine.antoniak@smith-nephew.com



Course Chair

Michael Banffy, MD
Cedars-Sinai
Los Angeles, CA

Smith+Nephew
5017 East Washington Street, Phoenix, AZ 85034 | USA
smith-nephew.com/education
T: 1-978-741-1000
Information: 1-800-821-5700, Orders: 1-800-238-7538

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