



Prayer cards for the 10 Commandments of Food for Children

These prayer cards are based on the 10 Commandments of Food for Children. As we gather to share a meal, may these prayer cards serve as guiding light on our journey toward a healthier and more mindful relationship with food and the Lord. Reflecting on these prayers, we find ourselves drawn into a deeper awareness of our interconnectedness with the Lord, with each other, and with creation.

Let us now bow our heads in gratitude and say together:

God is great, God is good.

Let us thank Him for our food.

By His hands, we are fed.

Thank You, Lord, for our daily bread. Amen.

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**THANK YOU
LORD FOR MY
FOOD**



Ephesians 5:20

**LORD HELP US
TO EAT FOOD
GROWN CLOSE
TO WHERE I LIVE**



Micah 4:4

**LORD PLEASE
HELP OTHER
CHILDREN GET
ACCESS TO
NUTRITIOUS FOOD**



Genesis 41

**LORD PLEASE
HELP ME TO
SAVE FOOD FOR
TOMORROW**



Matthew 6:11

**LORD HELP ME
NOT TO WASTE
FOOD**



John 6: 11-13

**LORD THANK
YOU FOR
PEOPLE WHO
GROW FOOD &
PREPARE FOOD**



Luke 22:8

**LORD HELP
FARMERS AND
FOOD WORKERS
GET FAIR WAGE**



Timothy 5:18

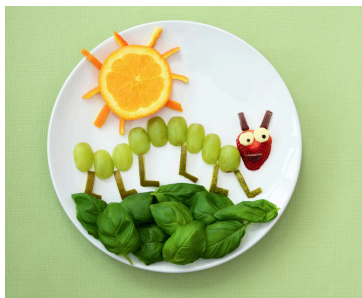
**LORD HELP US
REDUCE
ENVIRONMENT
DAMAGE**



Leviticus 25

Prayer cards for the 10 Commandments of Food for Children

**LORD HELP US
PROTECT FOOD
SOURCES**



Genesis 1:11

**LORD HELP US
TO SHARE THE
GIFT OF FOOD
WITH OTHERS**



Mark 14:22

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