





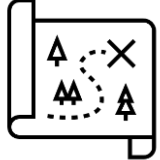



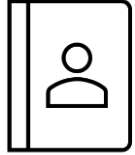




## Digital: Conference Agenda

Time		Event	Description
10:00-10:10 10 minutes		Opening remarks	<b>Abi Odell</b> , Youth Engagement manager will introduce the event and cover some information on the day.
10:10-10:20 10 minutes		Networking	We encourage you to use this time look over the resources.  Use as a break if needed
10:20-11:05 45 minutes		Mental Health and Autism	<ul style="list-style-type: none"> <li>• <b>Laura Crane</b>, Professor of Autism studies will speak about her research on autistic young people's mental health and the <b>Know Your Normal</b> toolkit.</li> <li>• Youth network members panel on their experiences of mental health</li> <li>• <b>Autistic and OK</b> programme summary</li> <li>• Questions from the audience</li> </ul>
11:05-11:15 10 minutes		Break	A chance to get a refreshment.

<p>11:15-12:00 45 minutes</p>		<p>Decoding relationships</p>	<ul style="list-style-type: none"> <li>• Youth network members panel alongside <b>Laura and Julia Coryton</b> from charity <b>Sex Education Matters</b> speak about relationships and autism.</li> <li>• Preview of new co-designed relationship materials</li> <li>• Questions from the audience</li> </ul>
<p>12:00-1:00</p>		<p>Lunch</p>	<p>A chance to get a refreshment.</p>
<p>1:00-1:45</p>		<p>Navigating transitions</p>	<ul style="list-style-type: none"> <li>• Youth network panel on their experiences of transition or change</li> <li>• Clinical Psychologist and Academic <b>Kate Cooper</b> to explain her research on supporting autistic young people's well-being during times of change</li> <li>• <b>Employ Autism</b> summary</li> <li>• <b>Autism Careers Education Framework</b> summary</li> </ul>
<p>1:45-1:55</p>		<p>Break</p>	<p>A chance to get a refreshment.</p>
<p>1:55-2:40</p>		<p>Dispelling myths of the naughty child</p>	<ul style="list-style-type: none"> <li>• Youth network members panel on their experiences at school.</li> <li>• <b>Ambitious Hubs</b> summary</li> <li>• Questions from the audience</li> </ul>

2:40-3:00		Break	A chance to get a refreshment.
3:00-3:45		The Post Diagnosis journey	<ul style="list-style-type: none"> <li>• Youth network members panel on their experiences with being diagnosed</li> <li>• <b>Understanding you, Discovering you</b> summary</li> <li>• Questions from the audience</li> </ul>
3:45-3:55		Closing statements	<b>Danae Leaman Hill</b> , Director of External Affairs and Development, will share her closing thoughts and reflections on the day.
3:55-4:00		Leaving	The day have finished you can now sign out of the live stream.