

Parental controls session handout:

Key takeaways:

- Every app your child is interacting with, and most browsers and operating systems will have parental controls that you can set up. Some of these will require you to set up elements on your children's devices.
- There are good, affordable options out there for all-in-one parental controls across multiple apps.
- Online safety conversations with your children are of paramount importance to ensure productive dialogue and cooperation with the parental controls you are putting place.
- All in one parental control Apps we mentioned today were – Qustodio, Kaspersky Safe Kids and norton.

TikTok relevant links:

<https://www.tiktok.com/safety/en/guardians-guide>

Instagram relevant links:

<https://about.instagram.com/community/parents>

Google family link:

<https://families.google/familylink/>

<https://families.google/familylink/privacy/child-disclosure/>

Windows parental controls:

<https://news.microsoft.com/en-in/features/windows-10-parental-controls-feature/>

<https://www.microsoft.com/en-gb/microsoft-365/family-safety>

YouTube parental controls:

https://www.youtube.com/intl/ALL_uk/howyoutubeworks/user-settings/parental-controls/

<https://www.internetmatters.org/parental-controls/entertainment-search-engines/youtube-app/>

https://www.youtube.com/intl/ALL_uk/kids/parent-resources/

Online safety conversations:

<https://saferkidsonline.eset.com/au/article/how-to-talk-with-kids-about-parental-control>

<https://www.internetmatters.org/resources/guide-to-encourage-kids-to-share-their-digital-lives/>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/>