

ATEP 2018 – ActionTypes Exchange Platform

4th Edition - Mercure AIRPORT HOTEL BERLIN TEGEL, 15.-17.06.2018



Day 1	Friday, June 15, 2018	
09:45	Welcome coffee and registration: workshop choices.	
Caption	In French (translated in English in alternation)	In English (translated in French in alternation)
09:15 09:45	Official welcome and introduction in the plenum with Bertrand Théraulaz (30 min.)	
09:45- 11:00	<p>Philippe Barel (FRA) 1st plenum (75 min.) Coach & psychologist, author of the book: « The Talent, in Sport and Elsewhere » (in French) Theme: The Talent, an attitude that may be learned!</p>	
11:00- 11:15	Break	
11:15- 12:15	Workshop (1) 60 min. Cyril Besson (SUI) Sports Scientist, in certification Theme: 2 small « scientific » protocols: methods and limits	Workshop (2) 60 min. Mathieu Zemp (SUI) Personal Trainer, ATA certified Theme: Application in physical conditioning & ATA
13:00	Lunch together	
15:30- 16:30	Workshop (3) 60 min. Ella & Rainer Diehl (GER) Coaches, ATA certified Theme: Badminton & ATA	Workshop (4) 60 min. Guillaume Rivas (FRA) Coach, ATA certified Theme: Approaches using low frequencies
16:30- 17:00	Break	
17:00- 18:15	<p>Christian Spekrijse (NED) 2nd plenum (75 min.) DuoSport Theme: Athletic Skill Model & ActionTypes</p>	
18:15- 18:45	Break	
18:45- 20:15	<p>Dr Pascal Prévost (FRA) 3rd plenum (90 min.) PhD in neurophysiology & biomechanics Theme: The Frequential Man!</p>	
20:30	Supper and 1 st evening together in the Hotel	

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Day 2	Saturday, June 16, 2018	
09:00-10:00	Joëlle Théraulaz (SUI) 4th plenum (60 min.) Therapist, ATA & IMP certified (Primitive Motor Integration) Practical Workshop: Activation using massage	
10:00-10:15	Break	
10:15-11:45	Philippe Houssin (FRA) 5th plenum (90 min.) PEPS People ATA Trainer, SE & NAET certified therapist Theme: Let's realise your intention in your daily life!	
11:45-12:00	Break	
12:00-13:00	Workshop (5) 60 min Jean-Luc Dupont (BEL) Métamorphose Theme: Deep motivations & archetypes	Workshop (6) 60 min Alister Mazzotti (SUI/GER) Mazzotti action / Stunt coordinator Theme: Introducing Z-Health to ATA - owning movement
13:15	Lunch together	
15:00-16:30	Dominique Fournet (FRA) & 6th plenum (90 min.) Axel Conseil. Marion Bril (FRA) & Damien Della Santa (FRA) Osteopath & Axel partner Coach & Axel partner Theme: Interdisciplinary applications of the ATA in Golf, Taekwondo, handball and football.	
16:30-17:00	Break	
17:00-18:00	Marko Siivonen (FRA) 7th plenum (60 min.) Spinacor Theme: Enjoying movement without unnecessary nervous patterns	
18:00-18:15	Break	
18:15-19:15	Bertrand Théraulaz (SUI) 8th plenum (60 min.) ActionTypes Approach Co-Founder. Theme: Clarification on ATA profiling	
20:00	Supper and 2 nd evening outside together	

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Day 3	Sunday, June 17, 2018	
09:30-10:30	Workshop (7) 60 min. Paul Smit (HOL) <small>(HOLI)</small> Therapist, ATA certified Theme: The importance of personal learning strategies in dual career coaching for young talented athletes based on the ATA	Workshop (8) 60 min. Gérard Vaillant (FRA) Coach, ATA certified Theme: Application of neuro-harmonisation
10:30-11:00	Break	
11:00-12:00	Dr Wolfgang Schöllhorn (GER) PhD in biomechanics, director of the training and movement science department of the Mainz University, Germany Theme: Repeating hinders learning	9 th plenum (60 min.)
12:30	Lunch together	
14:00-15:30	Bertrand Théraulaz (SUI) ATA Co-Founder Theme: Backup motor skills, an objective reality?	10 th plenum (90 min.)
15:30-16:00	Conclusion & video testimonial take by Maximilien Urfer Next and 5th Edition of the ATEP, from June 14.-16, 2019 in Switzerland	

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Lecturers:

Philippe Barel	Coach & Sports Psychologist (University Paris-Sud), physique & mental conditioner (France)
Marion Bril	Osteopath, ATA certified (France)
Damien Della Santa	Football Coach, Trainer for the French Federation, ATA certified (France)
Ella & Rainer Diehl	PE Teachers, Coaches, ATA certified (Germany)
Dominique Fournet	Golf Pro, Axel counsel Trainer, ATA certified (France)
Philippe Houssin	ATA Trainer, SE (Somatic Experiencing, Dr Peter Levine) & NAET Certified (France)
Alister Mazzotti	Mazzotti Action Owner (Stunt coordination), ATA certified (Switzerland & Germany)
Pascal Prévost	PhD in Neurophysiology & Biomechanic of motor performance (France)
Guillaume Rivas	Therapist, Certified Coach and ATA Certified (France)
Wolfgang Schöllhorn	PhD in biomechanics, director of the training and movement science department of the Mainz University (Germany)
Marko Siivonen	Spinacor Owner, therapist, reflex specialist, ATA certified (Finland)
Paul Smit	Teacher, Career Counselor, in certification (Holland)
Christian Spekrijse	PE Teacher, Speed Skating Coach, DuoSport Owner (Holland)
Joëlle Théraulaz	Former top sports athlete, PE Teacher & physiotherapist, therapist, ATA certified (Switzerland)
Gérard Vaillant	PE Teacher, Certified Coach, ATA & Neuro-harmonisation Certified (France)
Mathieu Zemp	Personal trainer, ATA Certified & ATS collaborator (Switzerland)

Place of the seminar: Mercure Airport Hotel Berlin Tegel, Kurt-Schumacher-Damm 202, D- 13405 Berlin
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